

	WEIGHT/QUANTITY		WEIGHT/QUANTITY
LENTILS/RICE		WHOLE APRICOTS	
RED LENTILS		SULTANAS	
GREEN LENTILS		CURRANTS	
DARK SPECKLED (PLUY)		FRUIT SALAD	
YELLOW SPLIT PEAS		<p>This is just a small selection of the products we offer. If there is something you require that is not listed please feel free to add it and we'll include it if it is in stock.</p> <p>NEED BREAD OR MEAT? IF YOU PLACE AN ORDER WITH BAWDEN'S THE BAKERS, BAMPTON BUTCHERS OR BAMPTON GAME WE WILL BE HAPPY TO DELIVER IT ALONG WITH YOUR GROCERY ORDER.</p> <p>We welcome payment over the phone or by BACS for grocery orders only. Our Bank Details are; Account Name Bampton Fresh Sort code 30-98-61 Acc # 32483468</p>	
ARBORIO RICE			
LONG BROWN RICE			
BASMATI RICE			
BASMATI BROWN RICE			
PUDDING RICE			
LONG GRAIN RICE			
SHORT GRAIN BROWN RICE			
OATS & GRAINS			
JUMBO OATS			
PORRIDGE OATS			
GLUTEN FREE OATS			
DATE & APPLE MUESLI			
MUESLI BASE			
STRAWBERRY MUESLI			
BREAKFAST MUESLI			
GRANOLA			
BEANS/PULSES/GRAINS			
KIDNEY BEANS			
CHICKPEAS			
BUTTER BEANS			
WHITE QUINOA			
GIANT COUS COUS			
LINSEED			
PUMPKIN SEEDS			
SUNFLOWER SEEDS			
BULGAR CRACKED WHEAT			
PEAL BARLEY			
PASTA			
TRI COLOUR			
PASTA SHELLS			
PENNE PASTA			
DRIED FRUIT			
PITTED PRUNES			
PITTED DATES			
CHOPPED DATES			
CHOPPED APRICOTS			

**A NEW LINE
OF FRESH &
FROZEN READY
MEALS WILL ALSO
BE AVAILABLE**
PLEASE RING FOR DETAILS

DON'T FORGET
WE ALSO SUPPLY
COAL AND LOGS

*Thank-you
for supporting local businesses*

ALL ITEMS ARE SUBJECT TO AVAILABILITY

We'll do our best!