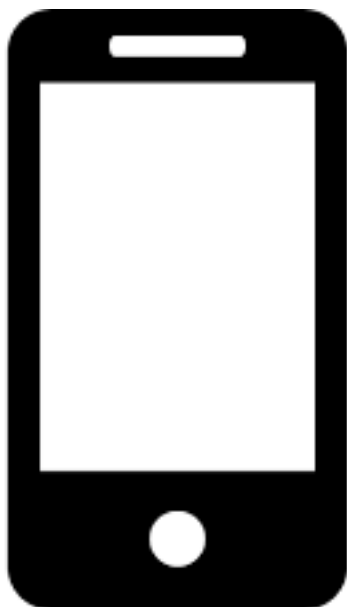


# Do you have a smart phone or a tablet you would like to use more, but are unsure how?



We are being encouraged to listen to the radio on **BBC Sounds**, we are told we can have a **Covid passport** or make a **doctor's appointment** via an APP, but the question is **HOW??**

“What is an APP???”

“How do I send a text?”

“My friend says ‘Use WhatsApp’ but what is it?”

**I CAN HELP!** I offer one to one lessons to help you get the best out of your technology and make it work for you and your needs and interests.

These lessons are 45 minutes long and are held in Bampton LARC on a Thursday morning. You can come once or as many times as you need (subject to availability).

I do not make a charge, but request that you make a donation to the LARC to help with its running costs.

Please call me to make an appointment: Sue Courtney 01398 331267

